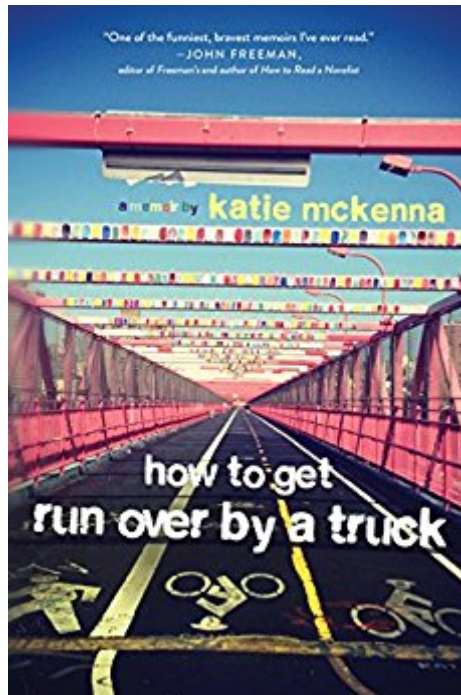




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# How To Get Run Over By A Truck



## Synopsis

People often say, "I feel like I've been run over by a truck." • Katie actually was. On a sunny morning bike ride in Brooklyn, twenty-four-year-old Katie McKenna was forever changed when she was run over by an eighteen-wheeler. Being crushed under a massive semi wasn't something Katie should have survived. After ten hours of emergency surgery, she woke to find herself in a body and a life that would never be the same. In this brutally honest and surprisingly funny memoir, Katie recalls the pivotal event and the long, confusing road to recovery that followed. Between the unprepared nudity in front of her parents post-surgery, hospital happy hours, and the persistent fear that she would never walk again, Katie details the struggles she's faced navigating her new reality. This inspiring memoir follows Katie's remarkable journey to let go of her old life and fall in love with her new one.

## Book Information

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## Customer Reviews

Fully enjoyed Katie's writing style - conveying the seriousness and upheaval of a life changed over night - with a sense of humor and self-deprecation. Her grasp of situations while in a state of pain were always insightful and most often comical . Kudos's for your fortitude!

A fascinating account of a young woman's tragedy and the road to triumph. The author is witty and keeps you turning pages.

special book - somehow excruciating and exhilarating all at the same time! More detail and insight into pain and healing than you would expect to enjoy reading - but so thankful that the author has shared the experience with the reader in this small way. Beautifully written as well.

Love this book! Crazy, nerve-wracking experiences along with motivational perspectives and quotes that will stick with you.

What a remarkably vivid account of a horrific accident and the long and painful process to recover! Katie shows us in detail what it is like to go through something like this with all the ups and downs of a prolonged recovery process. Her strength and humor carried her through this ordeal and she relates it so well in this compelling story. A great inspirational read!!!!!!

Bravo!!! For a young woman to survive such a devastating trauma and then relive it in order to offer all the insights, grit and hope to the rest of us in a book is a gift to us all. Inspiring and unexpectedly entertaining, the book's refreshingly candid voice was at first shocking but was ultimately what was so forceful--you cannot make this stuff up!

This book is amazing. All healthcare workers should be required to read this book at some point during school. It will show you the other side of the story from the patients view. Amazing and funny!

Fabulous book! So well written. Has so many valuable lessons but a book that you really can't put down. Have already read it twice! Kerr

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